BIG NC TENNIS OFFICIAL STRINGING GUIDE Intermediate/Advanced Juniors Ages 8-12

(We proudly feature Diadem as our house brand with a few proven Solinco and synthetic gut alternatives when you want something different)

Growing arms come first, power and comfort are non-negotiable, recommendations for players who are interested in playing serious tennis but still need to grow before full poly or co-poly.

Recommendation	Why we love it for you	Tension	How long it stays fresh / Colors	Big NC Cost / non-Member Cost
Diadem Dark Matter 17G Black Multifilament	Diadem Dark Matter is a great all-around multifilament. Super plush comfort, lively power, and good spin for a soft string. Feels like a premium synthetic gut on steroids – reduces arm pain	50-56 lbs	30 - 45 hours Colors: Black	\$25 / \$35
Diadem SG Ultra 16G(Synthetic Gut)	Premium synthetic gut with a difference. Micro-textured outer wrap gives noticeably more bites and durability than classic synthetic guts. The perfect "I want easy power and spin without going poly" string	52-58 lbs	30 – 45 hours Colors: Natural Black	\$25 / \$30

Diadem Evolution 17G/18G (Monofilament	The softest true monofilament on the market. Polyamide-based (not co-poly), so it delivers real spin and control but feels almost like a multifilament. Ideal first "poly-like" string for intermediates or anyone with elbow concerns.	50-58 lbs	25 – 40 hours Colors: Nat	\$25 / \$30
Diadem Impulse 17G (Multifilament)	Our softest, most powerful multifilament, gut-like plushness at a fraction of the price. Deep pocketing, huge trampoline effect, and outstanding vibration dampening. The #1 choice for beginners, juniors 8–14, seniors, and anyone recovering from tennis elbow.	50-58 lbs	35-50 Hours	\$25 - / \$35